

GIG Week 1

THINGS I HEARD GROWING UP

1. I don't care if you get good grades; just try your best.
2. Let's go to the bank and open a savings account for you.
3. College is about exploration and self-discovery.
4. When you leave this house, you represent us.
5. You must work twice as hard and be twice as good to succeed.
6. Don't make waves.
7. (Pinching cheek): "I love you, little fatty!"
8. I brought you into this world and I can take you out.
9. If you get pulled over, take your wallet out and put it on the dash. Turn on all the lights and put your hands on the steering wheel in plain view.
10. We sacrificed for you our whole lives; you must be a doctor.
11. I will pick your major for you.
12. You can only date within our ethnic/racial group.
13. I know you have a test tomorrow, but you need to come home for your dad's birthday.
14. After college, we want you to move home until you get married.
15. We're having company, so give up your bed.
16. Study now. Date later.
17. Don't be another statistic.
18. The first impression you make is what counts.
19. Friends come and go, but you will always have family.
20. I am your mom/dad; you are going to respect me.
21. You learn by watching, listening, and being quiet.
22. Nothing ever works out for us.
23. Two wrongs don't make a right.
24. God helps those who help themselves.
25. Did you eat yet?

PSALM 139:1–3, 13–16

- ¹ You have searched me, Lord, and you know me.
- ² You know when I sit and when I rise;
you perceive my thoughts from afar.
- ³ You discern my going out and my lying down;
you are familiar with all my ways.
- ¹³ For you created my inmost being;
you knit me together in my mother's womb.
- ¹⁴ I praise you because I am fearfully and wonderfully made;
your works are wonderful,
I know that full well.
- ¹⁵ My frame was not hidden from you
when I was made in the secret place,
when I was woven together in the depths of the earth.
- ¹⁶ Your eyes saw my unformed body;
all the days ordained for me were written in your book
before one of them came to be.

AMPLIFY THE BEAUTY

Following the format of Psalm 139, write your own ethnic background in the spaces below.

- For you created my inmost being;
you knit me as a _____ wo/man together in
my mother's womb.
- I praise you because I am fearfully and wonderfully made as a
_____ wo/man;
your works are wonderful,
I know that full well.
- My _____ frame was not hidden from you
when I was made in the secret place,
when I was woven together in the depths of the earth.
- Your eyes saw my unformed body;
all the days ordained for me were written in your book
before one of them came to be.

BROKENNESS VIDEO HIGHLIGHTS

Use this space to note things that stand out to you from the video.

NAME (in order of appearance)	NOTES
CHARLENE (Ghanaian)	
LEAH (Puerto Rican, Italian, Polish)	
CAROLINE (Malayali)	
SEAN (African American)	
KAITLIN (Chinese American)	
NOEMI (Mexican American)	
COURTLAND (Native American Lakota Tribe)	
TODD (German American)	
BRENT (African American)	
ANDREW (German, Scottish, Irish, English, Armenian)	
ELEANOR (Asian American, Filipino)	

KINTSUGI POTTERY



NEXT STEPS

>>Meal and Conversation.

In pairs, take out your calendars and schedule a time to meet this week for a meal, coffee, or tea. Share what you are learning about beauty in your ethnic story. You might even offer to pray for your partner to see themselves as wonderfully and beautifully made, along the lines of Psalm 139.